



## APPOINTMENTS AVAILABLE UPON REQUEST



Rejuvenate yourself in our tranquil spa with a selection of soothing signature services performed by massage therapists licensed through the state of Illinois. Request your appointment 24 hours in advance through Guest Services.

### SIGNATURE MESSAGES

#### Swedish

Replenish in traditional European massage technique using firm yet gentle pressure to help your body remove toxins while improving your circulation. The best treatment to relieve stress, both emotional and physical.

30 Minutes.....	\$40
60 Minutes.....	\$70
90 Minutes.....	\$100

#### Deep Tissue

Revitalize with a broad approach to treating your body as a whole, through targeted therapeutic work. Especially helpful for chronically tense areas such as a stiff neck, lower back pain or sore shoulders.

### HEALING STONE MASSAGE

#### Hot Stone

Revive while smooth river stones are warmed and placed on your body to improve circulation and calm the nervous system; the perfect way to indulge.

60 Minutes.....	\$80
90 Minutes.....	\$110